

# McLAREN CARDIOLOGY & CARDIOTHORACIC SURGERY

## Meet McLaren

*McLaren Greater Lansing has a long and distinguished history as the region's best hospital for heart care. McLaren pairs trusted cardiologists with unique access to the region's finest cardiothoracic and vascular surgeons to provide patients with an unparalleled quality of heart and surgical care.*

### Cardiac Rehabilitation

3101 Discovery Drive, Ste. 700  
Lansing, MI 48910

Phone: (517) 975-7050  
Fax: (517) 975-7062

### McLaren Greater Lansing Structural Heart Disease and Valve Clinic

3520 Forest Road, 2nd Floor  
Lansing, MI 48910

Phone: (877) 296-0111  
Fax: (517) 347-8393

### Cardiac Catheterization Lab (Special Studies)

3520 Forest Road, 2nd Floor  
Lansing, MI 48910

Phone: (517) 975-6125  
Fax: (517) 975-6132

### McLaren Greater Lansing Cardiothoracic Surgery

3520 Forest Road, Ste. 3-201  
Lansing, MI 48910

Phone: (877) 296-0111  
Fax: (517) 347-8393

### Pulmonary Hypertension Clinic

3520 Forest Road, 2nd Floor  
Lansing, MI 48910

Phone: (877) 296-0111  
Fax: (517) 347-8393

### McLaren Greater Lansing Cardiovascular Associates - Eaton Rapids

1500 South Main Street  
Eaton Rapids, MI 48827

Phone: (877) 296-0111  
Fax: (517) 347-8393

### McLaren Greater Lansing Cardiovascular Associates - Grand Ledge

1035 Charlevoix Drive, Ste. 200  
Grand Ledge, MI 48837

Phone: (877) 296-0111  
Fax: (517) 347-8393

### Cardiovascular Associates - North Lansing

1540 Lake Lansing Road, Ste. G-02  
Lansing, MI 48912

Phone: (877) 296-0111  
Fax: (517) 347-8393

### McLaren Greater Lansing Cardiovascular Associates - Okemos

2134 Hampton Place  
Okemos, MI 48864

Phone: (877) 296-0111  
Fax: (517) 347-8393



# McLAREN CARDIOLOGY & CARDIOTHORACIC SERVICES

McLaren Greater Lansing has a long and distinguished history as the region's best hospital for heart care. We treat patients at our state-of-the-art Heart & Vascular Institute at our hospital campus, featuring operating suites and cardiac catheterization labs with cutting-edge technology and interventional radiology capabilities.

To refer a patient, fax a referral form or go to [mclaren.org/careconnect](http://mclaren.org/careconnect). You may also refer directly in Cerner.

## Anticoagulation Clinic

Phone: (517) 975-2950  
Fax: (517) 975-2955



Ibrahim  
Shah, MD  
Medical Director

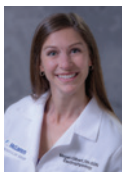
The Anticoagulation Clinic is designed for patients taking warfarin (e.g. Coumadin®). If you have a patient that is taking warfarin, you are able to refer them to our pharmacist-managed clinic. Using patient-preferred "finger-stick" sampling, the Point-of-Care INR results are immediately available to the pharmacist and patient, and if needed, dosage modifications are made during the appointment. Upon leaving the clinic the patient knows his/her results, dosage instructions, and when to return to the clinic for follow-up.

## Atrial Fibrillation Clinic

Phone: (877) 296-0111  
Fax: (517) 347-8393



Melinda  
Sandberg,  
CNP



Megan  
Gilbert, RN

The Atrial Fibrillation Clinic offers the most advanced treatment approaches through a specially trained, multidisciplinary team. Since Atrial Fibrillation can affect each patient differently, our treatment approaches are tailored to specific patient needs.

The Atrial Fibrillation Clinic has expertise in offering treatment which may include anti-arrhythmic medication and ablations. According to multiple studies published in New England Journal of Medicine, it is recommended that ablation strategy is used early in the treatment for better patient outcome.

## Cardiac Catheterization Lab

Phone: (517) 975-6125  
Fax: (517) 975-6132

McLaren Greater Lansing's updated cath lab includes specialized equipment where minimally invasive procedures are performed to diagnose and treat cardiovascular conditions. These interventional procedures can be an appropriate alternative to surgery for many patients.

## Cardiac Rehabilitation

Phone: (517) 975-7050  
Fax: (517) 975-7062

McLaren Greater Lansing's cardiac rehabilitation program is designed to help patients achieve and maintain cardiac fitness through a program of exercise and education. McLaren offers a three-phase program through which your patients will progress. These programs can strengthen the heart and improve overall health.

# McLAREN CARDIOLOGY & CARDIOTHORACIC SERVICES

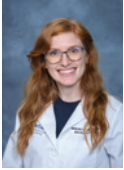
## Cardiac Electrophysiology Clinic

Phone: (877) 296-0111

Fax: (517) 347-8393



Omar  
Bakr, MD



Melinda  
Sandberg, CNP

The electrophysiology (EP) program at McLaren Greater Lansing offers a wide range of EP services for your patients including various different ablations.

There are many different heart rhythm conditions. The McLaren specialists will determine precisely what the issue is and the best treatment for your patient dealing with heart rhythm conditions such as arrhythmia and atrial fibrillation (AF).

## Heart Failure Clinic

Phone: (877) 296-0111

Fax: (517) 347-8393



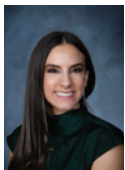
Awais Kang  
DO, FACC



Emily  
VanHoogstraal,  
NP



Cecilia  
Glatz, RN



Ashley  
Reader, RN



Alison  
Smith, PA

The Heart Failure Clinic is dedicated to evaluating and diagnosing signs and symptoms suggestive of heart failure. Patients are closely followed and their medical therapy is appropriately adjusted on a regular basis.

The multidisciplinary team is able to focus specifically on your patients heart failure, offering an opportunity to prolong and improve quality of life.

## Pulmonary Hypertension Clinic

Phone: (877) 296-0111

Fax: (517) 347-8393



Majid M.  
Mughal, MD

Patients can receive a comprehensive, sophisticated approach to the diagnosis and treatment of this life-altering disease right here in our community with the area's only physician who is fellowship-trained in pulmonary hypertension.

At the Pulmonary Hypertension Clinic, we evaluate and provide treatment options best suited for your patient. Additionally, we take time to educate the patient and their families about pulmonary hypertension and their risk factors.

## Structural Heart Disease and Valve Clinic

Phone: (877) 296-0111

Fax: (517) 347-8393



Mahender  
Macha, MD



Majid M.  
Mughal, MD



Victoria  
Carman, RN

The Structural Heart Disease and Valve Clinic's goal is to deliver the highest quality care dedicated to evaluation and management of patients with valvular heart disease. A highly skilled multi-specialty team evaluates each patient. The team consists of interventional cardiologists, cardiovascular surgeons, and nurse coordinators.

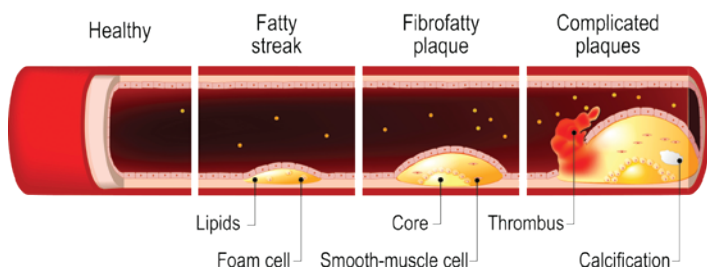
Minimally-invasive procedures available at the Structural Heart Disease and Valve Clinic include transcatheter aortic valve replacement (known as TAVR), and left atrial appendage (LAA) closure implant. TAVR can help relieve and improve symptoms from severe aortic stenosis and increase life expectancy. The LAA closure implant is a permanent heart implant used to treat atrial fibrillation not caused by a heart valve problem.

# CARDIAC CT CALCIUM SCORING



McLaren Greater Lansing now offers CT calcium scoring scanning, used to help determine the amount of calcium in the arteries surrounding the heart.

The cardiac CT scan can determine if coronary artery disease (CAD) is present and to what extent to reduce the risks of a heart attack. This screening may be recommended by a physician for patients with risk factors for CAD but who have no clinical symptoms.



## CONTACT US

### McLaren Greater Lansing Heart & Vascular Institute

2900 Collins Road, Lansing, MI 48910

Tel: (517) 975-2695

Fax: (517) 347-8393

Orders can be faxed or sent directly from Cerner.

## RISK FACTORS:

Patients should get tested if they are over 40 years old and have the following risks:

- Family history of heart disease
- Cigarette smoking
- Overweight or obese
- Sedentary lifestyle
- High LDL cholesterol
- Low HDL cholesterol
- High blood pressure
- Diabetes

Some insurances may not cover this exam. Inquires can be made through our patient access department at (517) 975-3010.

